



E-News ONLINE is St. Mary Medical Center’s virtual newsletter sent to all SMMC e-mail users every other Friday. Please print, distribute, or post E-News Online for staff members who do not have access to e-mail.

******* TOP OF THE NEWS *******

Newly Elected Chief of Staff Shares His Key Goal



Jyoti Datta, M.D., Newly Elected Chief of Staff.

Congratulations to Jyoti Datta, M.D., who will serve as new Chief of Staff beginning January 2012. Dr. Datta has served St. Mary Medical for 33 years as a pulmonary disease/chest disease consultant and he says he is still going strong. As a matter of fact, both his office staff members Jeannie Savage and Beverly Souers are also still going strong and have been working with him for over 30 years!

He says with a smile, “There’s no stopping me now. It’s only those who retire who get tired.” Dr. Datta says that he would like to make a positive difference during his term.

“My key goal is to improve everything to help the doctors, nurses, the patients, the hospital and, of course, the community,” said Dr. Datta.



Dr. Datta with long-time staff members Beverly Souers and Jeannie Savage.



Bertram Sohl, M.D., newly elected Vice Chief of Staff.

When asked about the secret to his success, Dr. Datta said, “I like what I do, and I like working with people.” Dr. Datta said that all of his family are physicians. His wife is a radiologist, his son is a gastroenterologist, and his daughter is a resident at Harbor-UCLA Medical Center and will be starting a rheumatology program at Stanford.

Vice Chief of Staff, Bertram Sohl, M.D., OB/GYN, will serve as Vice Chief of Staff. Newly elected Department Chairpersons include Laura Russell, M.D., Anesthesiology; Brian Fong, M.D., Emergency Medicine;

Michael Liff, M.D., Medicine; Hadi Emamian, M.D., Obstetrics & Gynecology; Song Tan, M.D., Pediatrics; Patrick Cahill, M.D., Radiology; and Alexander Stein, M.D., Surgery.

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New Provisionals Appointed—Welcome! **October 27, 2011**

Abdul S. Abbasi, M.D., Cardiovascular Disease

David K. Cao, D.O., Internal Medicine

Zahra Gharraee, M.D., Neonatal-Perinatal Medicine

Victor J. Kabbany, M.D., Nephrology

Bettina K. Kehrle, M.D., Internal Medicine

Hai X. Le, M.D., Internal Medicine

Eamonn M. Mahoney, M.D., Orthopedic Surgery

Nassim Moradi, M.D., Anesthesiology

Anjali Sachdev, M.D., Infectious Disease

Ronald K. Takemoto, M.D., Physical Medicine & Rehabilitation

Andre L. Vanderhal, M.D., Neonatal-Perinatal Medicine

David R. Yutuc, M.D., Anesthesiology



*** HUMAN RESOURCES NEWS ***



Will Preparation Service

You now have the opportunity to enroll in the MetLife Supplemental Life insurance that can financially help protect your loved ones should something happen to you. And when you enroll in Supplemental Life insurance, you have access to another service to protect the ones you love — Will Preparation.

Having an up-to-date will is one of the most important things you can do for your family.

Like life insurance, a carefully prepared Will is important. With a Will, you can define your most important decisions such as who will care for your chil-

dren or inherit your property. The Will Preparation service also includes the preparation of Living Wills and Powers of Attorney. By enrolling for Supplemental Life coverage, you will have access to Hyatt Legal Plans' network of 11,500+ participating attorneys for preparing or updating these documents at no additional cost to you if you use a Hyatt Legal Plan's participating attorney.

It's easy to use the Will Preparation Service.

Once your Supplemental Life coverage becomes effective, you will receive information that will allow you to access the Will Preparation Service.

Step 1: Call Hyatt Legal Plans' toll-free number 1-800-821-6400, and a Client Service Representative will assist you in locating a participating plan attorney in your area and provide you with a case number.

Step 2: Call and make an appointment with a participating attorney — many plan attorneys even have evening and weekend appointments for your convenience.

Step 3: That's it! When you use a plan attorney, you do not need to submit any claim forms. You also have the flexibility of using a non-network attorney and being reimbursed for covered services according to a set fee schedule. Supplemental Life Insurance and Will Preparation Service are two important ways to protect yourself — and the ones you love.

Your CHW Retirement Program...Make the Most of It

Please join us for a CHW Retirement Program Workshop on Friday, November 11, 2011 in the Health Enhancement Center (HEC Bldg), Room A. CHW Retirement Services and Fidelity Investments will provide an overview presentation. This presentation is an opportunity for you to learn more about recent changes to the CHW Retirement Program.



As part of our commitment to you, we are now holding voluntary meetings to discuss these changes in-person. You will have the opportunity to ask any questions you may have about the CHW Retirement Program. We want you to have a thorough understanding of the retirement benefits offered by CHW.

A total of four different workshops will be offered during the day. Each workshop will focus on a different retirement situation. For information on which workshop to attend and starting times refer to a letter you recently received from Human Resources.

***** HOSPITAL AND DEPARTMENT HIGHLIGHTS*****

Passionately Pink for the Cure

Passionately Pink for the Cure was in full force at St. Mary for October Breast Cancer Awareness Month. Staff throughout the hospital showed their support for those who are fighting breast cancer by dressing in their best PINK outfits. The Passionately Pink for the Cure table collected \$511.23 (every penny counts!)

Thank you all for your support!



Raise your Voice, Bury the Silence



Students from the LBCC Horticulture Class supported the effort by creating a beautiful pink ribbon flower garden.



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American R&B and Soul singer, Kelly Price, led the New Orleans style 2nd Line along with New Orleans band LALA followed by breast cancer survivors and supporters holding their brightly decorated umbrellas!

Dr. Criley Presents *Restoring Cardiac Physical Diagnosis* at National Conference



Dr. Jasminka Criley (Associate Clinical Professor, UCLA and St. Mary Associate Medical Education Residency Program Director) and Dr. Subha Ramani (Boston University) present at national conference.

On October 22, 2011, St. Mary Medical Center Associate Medical Education Residency Program Director Dr. Jasminka Criley conducted a workshop at the Association of Program Directors in Internal Medicine (APDIM) and the Academic Alliance for Internal Medicine (AAIM) national meeting. The topic was *Restoring Cardiac Physical Diagnosis: Tools for Teaching Medical Students, Residents, and Faculty*. She presented with Dr. Subha Ramani from Boston University.

Drs. Criley and Ramani provided evidence-based review of current state of cardiac physical diagnosis and current pitfalls. Dr. Criley presented innovative methods and approaches to teaching, curricular designs, assessments and evaluations of new educational strategies and faculty development.

Dr. Criley says the room was filled with professors, physicians and educators from medical school and teaching hospitals throughout the U.S. who were

interested in preserving and improving physical examination skills. “Skills taught in the workshop may be useful for undergraduate, postgraduate or continuing medical education and are especially important today in the area of emphasis on cost reduction and decreasing utilization of unnecessary and sometimes dangerous tests or studies,” said Dr. Criley. Dr. Chester Choi, Medical Education Residency Program Director also attended this meeting of Professor and Residency Program Directors in Internal Medicine. The workshop was held in Anaheim, CA.

30th Annual St. Mary Medical Center Housestaff/Faculty Retreat

The 30th Annual St. Mary Medical Center Housestaff/Faculty Retreat held in October at the UCLA Conference Center at Lake Arrowhead (this has been a 30-year tradition).

Educational portions of the Retreat this year included:

1. A talk by Dr. Michael Pfeffer (Hospitalist and Assistant Professor of Medicine at UCLA School of Medicine): “Reworking discharge—the most dangerous part of the hospitalization.”

2. Workshop on “Improving Discharge Summaries at St. Mary’s Inpatient Teaching Service” co-directed by Drs. Michael Pfeffer and Jasminka Criley (Associate Residency Program Director at St. Mary’s and Associate Professor of Medicine at UCLA).

In addition, guest speaker, teaching faculty and physician at St. Mary, Dr. Amar Kapoor (St. Mary Medical Center and UCLA), conducted a meditation/yoga workshop on living a Heart Healthy life: “Happy Heart: Journey to a Retreat into Infinity.”



St. Mary Medical Center Housestaff take a break between workshops.

21 Society Annual Recognition Dinner



The St. Mary Foundation kicked off their 20th Anniversary Recognition Dinner at The Madison Restaurant in Long Beach on October 28. Close to 200 members enjoyed the Supper Club inspired music by the Swing Cats Band while dining on a wonderful meal in the historic old bank building on Pine.

The evening celebrated a successful 2010-2011 year for the Society with 541 enrolled members, of which 62 were new. Presiding over the evening were 21 Society Co-chairs Mort Stuhlberg and Minnie Douglas.

The dinner program featured an update on the activities of the St. Mary Foundation by Board of Trustees Chair George Murchison. Announced at the dinner was the new leadership of the Foundation 21 Society for 2011-2012. The new Co-chairs are Marvin and Kathy Lieblein. Wrapping up the evening with closing remarks was Drew Gagner, President of the St. Mary Foundation.

Since 1992, the Foundation 21 Society members through their personal giving and development efforts have raised over \$18 million for the St. Mary Foundation.



Attending the dinner were former Foundation 21 Society Chairs Nancy Higginson and Liz Lucas.

Seen at the scene: George Murchison and his wife Joyce, Leo Vander Lans and wife Judy, Gene Lentzner and wife Ann, 21 Society Medical Staff Co-chair Dr. Dominic DeCristofaro and wife Marge, Dr. Simon Tchekmedyan and his wife Seta, Dr. Bill and Sheila Hanley, Dr. Robert and Delores Lugliani, Rocky and Julie Soares, St. Mary CEO Chris DiCicco, St. Mary CNE Pam Fair and husband Christopher, Sr. Gerard Earls, 21 Society Membership Chair Mark Mills, Dr. Marcia Alcouloumre, Dr. Mark Davis, former St. Mary Guild President Jeanne Coughlin, and retired St. Mary Foundation President John Wagner.

2012 Community Health Survey -- Make Your Voice Heard



St. Mary Medical Center is working in collaboration with Long Beach Memorial Hospital, Community Hospital Long Beach, Miller Children's Hospital, MemorialCare Health System, and the City of Long Beach to conduct the 2012 Community Health Survey, which happens only once every 5 years.

Please, please get your voice heard and complete the survey. Please encourage your family and friends who live in the greater Long Beach area including Wilmington, San Pedro, Carson, Compton, Lakewood, Signal Hill, Paramount, Bellflower, and Seal Beach --basically from the 110 to 605 and up to 105 freeways.

If you belong to a faith congregation or another organization, please ask them to complete the survey as well. The survey is anonymous. Thank you for your help in making the 2012 Community Health Needs Assessment the best ever! Your input will help us to best serve our community's healthcare needs.

English:

<http://www.surveymonkey.com/s/STFSVFH>

Spanish:

<http://www.surveymonkey.com/s/XRCMMVG>

Attention St. Mary Medical Center Employees and Medical Staff Members! Now is the Time to Sign Up for a Pro-Access One-on-One Training Session!



Enjoy the full benefits of ProAccess. Learn how to access laboratory/radiology results, face sheets and dictated reports in real time. Save precious time, eliminate phone calls and faxes to the HIM Department. Quickly trend your patients Lab results.

Physicians: Set up your Clinical INBOX to receive immediate information on your current patients.

Trainers: Helen Zurek, Tanesha Green, James Hogan

One-on-One Sessions are 20- 30 minutes in length and at your convenience Monday – Friday.

Please contact us at 562-491-9663 or James.Hogan@chw.edu, Tanesha.Green@chw.edu or Helen.Zurek@chw.edu

Helping Hands Needs Your Recycled Bags



The Helping Hands Committee is inviting all who have recycled holiday bags to please contact Sr. Gerard at ext. **3837** or Susan at ext. **3675** for collection. They would like to be able to re-use your holiday bags and/or plain brown bags (especially large ones) when they gather and put together the individual family gift bags for the Helping Hands families.

How You or Your Department Can Adopt a Family

The annual event will take place this year on Tuesday, December 13. St. Mary employees are welcome to assist those in need. If you would like to adopt a family (departments or individuals), please contact Sister Gerard ext. **3837** or Carolyn ext. **3010** for details and forms.

Recycle Opportunity



There are groups in Long Beach that will take gently used Christmas cards, Birthday cards and other arts and crafts supply. Another example of Reduce, REUSE, Recycle. Please contact Rachel Plotkin at extension 3066 or rplotkin@chw.edu for more information.

What is your favorite way to recycle? Please email us at stmarypr@chw.edu and we will publish your ideas in the next E-News.

Your Volunteers, Holidays and Flex Days

With Holidays rapidly approaching, some departments may close for holidays and flex days. Therefore, I would like to gently remind those of you who are lucky enough to have the help of Auxiliary Volunteers to let them know in advance when your department will be closed for holidays and flex days. This way they can plan to not come in for those shifts.

Thank you,
Kim Whitsett, Volunteer Services Coordinator, ext. 3766



Volunteer and C.A.R.E. Program staff member Tammy Darke does a "high five" with her volunteer dog Molly Darke after visiting patients on Halloween. Molly has her own volunteer badge too.

In Support of Breast Cancer Awareness Month
The Breast Center at St. Mary Presents:
Save Lids to Save Lives



Please start collecting your pink lids! Yoplait is now selling specially marked yogurts with pink lids in your local stores and here in the cafeteria.

For every pink lid, Yoplait will make a \$.10 donation to the Susan G. Komen Breast Cancer Foundation up to \$1.5 million. Help us join the fight against breast cancer.

For your convenience, we have a pink lid drop off box in the cafeteria, the medical library, the Breast Center and Pacific Shores Medical Group Drop off your "**CLEAN**" lids and we will mail them off by **December 31, 2011**.

Please tell your friends and family to collect the pink lids. Remember every woman counts...mothers, daughters, sisters, and friends!

For more information you can visit www.Yoplait.com

REMEMBRANCE MONTH

The month of November is

"Holy Souls" month.

This month is set aside to remember our loved ones who have gone before us.

If you wish to have your loved one(s) remembered at mass, please Complete the card that will be at the entrance of the chapel and place it in the basket. Your prayer request will be remembered at a mass during the month of November.

—*Spiritual Care Department*



Spiritual Care

November Events:

All Soul's Month (Month of Remembrance)
Food Drive (recipient is usually the C.A.R.E. program)

December Events:

Helping Hands – Tuesday, December 13th



Green News.... Sharing information to help us become more environmentally friendly



Tickets

Buy your movie and event tickets online or via telephone and print them at home. You'll save time and paper waste. Print-at-home tickets use plain copy paper, which is easier to make into recycled paper than the paperboard used for printed tickets. Some 1.4 billion movie tickets alone are sold in the United States annually– and almost every one of them goes to waste.



Televisions

Unplug your TV when's its not in use. You'll save money and energy. Between 10 and 15 percent of a TV's energy is still used when it's powered "off." TV use accounts for more than 10 percent of household electricity bills. The average household in America owns more than two TVs. If every home just unplugged their TV sets when they weren't being used, we'd save more than \$1 billion per year in energy bills. To make this easier, try connecting your TV to an outlet that is connected to a wall switch.



November is Diabetes Awareness Month Join the Outpatient Diabetes Department on Thursday, November 10th

11:00 am ~ 3:00 pm

Follow the balloons to the Diabetes Department

Meet the Diabetes Educators

Learn about healthy food choices

BMI • Glucose Testing • Physical Activity • Enter a raffle to win a prize

Join us to De-Feet Diabetes!

Save the Date!

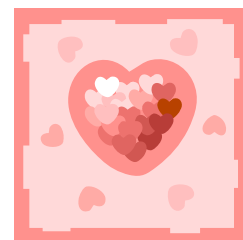
Saturday, Nov. 5th– A Women's Worth: Health Awareness Seminar

10:00am ~ 1:00pm Union Bank Building, 1900 Atlantic Avenue, Long Beach, CA 90806

The 2nd annual free health seminar is for all women. For more information, call 562-570-6816

Topics of discussion:

- Breast Cancer
- Mammograms
- Women and Depression
- Being a Caregiver
- Heart-related Disease



Saturday, Nov. 5th – Freedom Riders 50th Anniversary Celebration takes place here at St. Mary in the John Parr Health Enhancement Center from 1 p.m. to 4 p.m. Emmy Award winning Freedom Riders Documentary will be shown and works from the Mayme A. Clayton Library & Museum will be on exhibit. St. Mary Foundation is a sponsor.



Wednesday, Nov. 30th - Palliative Care Courses: Caring for Patients at their End-of-Life 8:30 a.m. ~ 4:00 p.m. Glenn Room

Studies have shown that many in healthcare feel inadequately prepared to provide the comprehensive care so important at the end-of-life. The ELNEC program is designed to provide information on end-of-life/ palliative care education.

For questions, contact: Julie Nunez ext. 3168 or Lorain Phomsopha ext. 3098

FREE FOR SMMC EMPLOYEES!

St. Mary Foundation Online Auction is on now until November 15. Please see attached Flyer!



Month– Long Observances

- 1-30 Alzheimer’s Disease Awareness Month
- 1-30 Diabetes Month
- 1-30 Epilepsy Awareness Month
- 1-30 Family Caregivers Month
- 1-30 Healthy Skin Month
- 1-30 Home Care Month
- 1-30 Pancreatic Cancer Awareness Month

Week-Long Observances

- 1-7 Diabetes Education Week
- 1-7 Medical-Surgical Nurses Week
- 6-12 Allied Health Professions Week
- 6-12 Medical Staff Services Awareness Week
- 6-12 Radiologic Technology Week

Recognition Days/Events

- 17 Great American Smokeout

www.Facebook.com/StMaryMedicalCenter

Send your events, awards, and good news and photos to post on the St. Mary Facebook page to stmarypr@chw.edu.

St. Mary employees, physicians, and volunteers are encouraged to use *E-News Online* as a way to communicate important information. Please send your news in Word document format and list your extension by Friday at 5:00 p.m. on the “non-pay” week to Francine Marlenee in Public Relations at Francine.marlenee@chw.edu.